

# play with purpose

family friendly ideas from A to Z

- A. - **art camp** turn your garage into an art camp - get messy!
- B. - **bowling, bike rides, bingo, baking**
- C. - **camp-out indoors** grab sleeping bags, build a tent, read with flashlights and make s'mores!
- D. - **dance party** crank up the tunes and get your groove on!
- E. - **eat out** find a new restaurant or try a food court adventure
- F. - **family fun night** invite over another family for food, fun, and fellowship!
- G. - **game night** everyone gets to pick their favorite game
- H. - **hawaiian party** host an indoor luau, with beach towels, bathing suits, beach balls & colorful leis!
- I. - **indoor picnic** don't forget plastic ants!
- J. - **jump rope**
- K. - **kickball**
- L. - **letterboxing** ([www.letterboxing.org](http://www.letterboxing.org) for details) or **limbo contest**
- M. - **movie night** complete with popcorn
- N. - **nature walk** give your child a brown lunch bag with items listed on it to collect and discover.
- O. - **opposite day** do everything backwards! eat breakfast for dinner and dinner for breakfast!
- P. - **pizza party, pajamas day, do-it-yourself pedicures**
- Q. - **quiet time** go to the library for quiet reading and story time activities
- R. - **road trip** part of the fun is in the planning, let everyone look at maps, help pack snacks and more!
- S. - **sundae night, scavenger hunt, sidewalk chalk**
- T. - **treasure hunt, tea party**
- U. - **underwater activities** find an indoor swimming pool and swim!
- V. - **volunteer** invite a friend's kids over for free child care, walk a neighbor's dog. The ideas are endless.
- W. - **walk** walk to the nearest park. walk around the block backwards. Get some fresh air!
- X. - **exercise** set up a family exercise experience!
- Y. - **ymea** go to the YMCA or another local gym. Many will let you try their facility for free for the day.
- Z. - **zoo** head to the zoo!